

Main Meal Deal Menu

WEEK 1

£2.30 Free School Meal Value



Home Style Tasty Meals.....

India



Italy



USA



China



GB



Allergens in Red	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Tikka Masala milk & Rice or	Beef Lasagne Milk, celery, wheat or	Pork Hotdog wheat & Wedges wheat or	Chicken Chow Mein & Egg Noodles wheat, egg, soya, celery or	Fish fish, wheat, gluten & Chips or
Dish of the Day Vegetarian	Chunky Veg Tikka Masala milk & Rice	Vegetable Lasagne Milk, celery, wheat	BBQ Meatless Balls & Wedges wheat	Sweet & Sour Quorn celery, egg & Rice Noodles	Quorn Fishless Fingers wheat, gluten & Chips
Vegetables & Salads	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens
Choice of one:	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat
Drink	Bottle of Water	Bottle of Water	Bottle of Water	Bottle of Water	Bottle of Water

PLEASE ASK A MEMBER OF THE CATERING TEAM FOR ANY UPDATED INFORMATION REGARDING THE ALLERGENS

Main Meal Deal Menu

WEEK 2

£2.30 Free School Meal Value



Home Style Tasty Meals.....



Allergens in Red	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Roast Chicken & Roast Potatoes or	Beef Burger wheat, gluten & Sweet Potato Fries or	Chicken Fajitas & Corn Chips or	Chicken Balti & Rice or	Fish fish, wheat, gluten & Chips or
Dish of the Day Vegetarian	Vegetable Risotto celery & Roast Potatoes	BBQ Jackfruit Wrap wheat, gluten & Sweet Potato Fries	Mexican Scramble Tortilla wheat, egg, milk, gluten	Vegetable Biryani & Curry sauce celery, mustard	Quorn Fishless Fingers wheat, gluten & Chips
Vegetables & Salads	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens
Choice of one:	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk & Biscuits wheat
Drink	Bottle of Water	Bottle of Water	Bottle of Water	Bottle of Water	Bottle of Water

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Main Meal Deal Menu

WEEK 3

£2.30 Free School Meal Value



Home Style Tasty Meals.....

Allergens in Red	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Smokey Pork Tortilla wheat + Spiced Rice or	Chicken Korma milk + Rice or	Spaghetti Bolognese wheat, celery + Parmesan milk or	Chicken Burger wheat + Hash Browns or	Fish fish, wheat, gluten + Chips or
Dish of the Day Vegetarian	Quorn Fajitas wheat, egg + Spiced Rice	Chana Masala celery + Rice (Chickpeas)	Vegetable Pasta Pesto	Southern Fried Quorn Burger gluten, wheat, egg, milk + Hash Browns	Quorn Fishless Fingers wheat, gluten + Chips
Vegetables + Salads	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens	Vegetables Seasonal Salad See counter menu for allergens
Choice of one:	Fruit Piece or Bag Yoghurt milk Cheese milk + Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk + Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk + Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk + Biscuits wheat	Fruit Piece or Bag Yoghurt milk Cheese milk + Biscuits wheat
Drink	Bottle of Water	Bottle of Water	Bottle of Water	Bottle of Water	Bottle of Water

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