

# May 2023 at The Colne

**Key Dates** 

27 May - 4th June - Half Term
8 June - Year 10 Mock Interview Day
21-22 June - Year 9 HPV Immunisations
28 June - Year 11 Prom
6 July 2023 - Year 10 Parents Evening
Please see the end of this Newsletter for the Year 9 and 10 mock assessments.

### Messages for Year 11

Year 11: Class of 2023! As you take the last few exams here at The Colne I wish you luck and for the future after leaving The Colne. Whatever your next steps are I hope that you will try your best and that is all anybody including yourself can do. You are the author of your future. Good luck, I will miss all of you. Mrs Sayers

Congratulations, Year 11 students! You have come so far and made me very proud. Now it's time to spread your wings and soar. Best wishes for a bright future ahead! Mr Crane

Dear Year 11, myself and Mrs Sayers would like to take this opportunity to wish you every success with your exams. It has been our privilege to watch you flourish and develop into well rounded individuals. We know how much perseverance, determination and resilience you have shown this year and trust us, your hard work really will be reflected in exam success. If you haven't already done so, please take time to look at the school website and the resources under GCSE Support. Here you will find information about your exams, revision techniques and wellbeing advice on how to cope with exam anxiety. All that is left for us to say is we wish you all the very best of luck in your exams and we are looking forward to celebrating with you at Prom on 28th June. Mr Rudkins

## Sporting Achievements at The Colne



Serenity in Year 7 had her gymnastics grades competition in April and came first overall: first on vault, first on beam, first on floor, second on range and conditioning, and third on bars! She is the National Grade 2 East Regional Champion and has been selected to represent the East Team at the National Finals on the 20th May. She also competed as a team representing the East Region and placed fifth as a team! We are so proud of Serenity and watching her continue to excel and shine at her talent. Lachlan in Year 9 won a gold medal after winning his sparring category at the TAGB Midlands Tae Kwon-Do Championships.

Lachlan is a really dedicated student, he goes to Tae Kwon-Do in Colchester twice a week and is now a blue belt. He will have a grading soon for red tag, and is well on the way to becoming a black belt after the red.



Well done Lachlan!



Dillon in Year 10 attends Colchester Rugby Club and won an award for the 'Most Improved Forward'. His team also came second in the semi finals at the Ipswich 7s Festival at the end of April.

Well done Dillon!

Below is Drew in Year 10 who won by unanimous decision for St Osyth Boxing Club against a strong boy in East Tilbury Smokey's Boxing Club.



Congratulations, Drew!



Adam-Aaron in Year 10 came second in a competition for Jiu-Jitsu. He belongs to Primal Combat in Clacton.

Well done Adam-Aaron!

Mental Health Awareness Week - Miss Wynne

Students received an assembly to accommodate Mental Health Awareness Week. This was based around anxiety. They learned about the differences between feeling anxious, stress, discomfort and anxiety disorders. They had an opportunity to <u>watch a short video</u> (linked) with Dr Alex (UK Youth Mental Health Ambassador) meeting a young girl living with anxiety and discussing her symptoms and how to overcome it.



In support of mental health, we would like to share with you, the Essex CAMHS (Child and Adolescent Mental Health Services) Instagram account: @set\_camhs\_nhs which has lots of very useful information surrounding mental health and support for young people.

# Termly Rewards - P.E - Miss Pearson

See below the P.E. termly rewards for achievement, commitment and effort. Well done to all of those students!

Boys	Year 7	Year 8	Year 9	Year 10
Achievement	Reuben Cook	Finley Grant	Jonathan Osbourne	Oliver Noonan
Commitment	Daniel Mee	James Green	Rhodri McDonald	Gerard Cheney
Effort	Rhys Durrell	Alex Morris	George Cooper	Farhan Abolaji Ogunmola
Girls	Year 7	Year 8	Year 9	Year 10
Achievement	Amelie Wright	Brooke Wilkins	Esme Nicholls	Lauren Jordan
Commitment	Ellie Harmer	Angel Jasper	Lacey Thomas	Estelle Hall
Effort	Lydia Green	Mia Luard	Felicity Champion	Aimee Coham

### **Cricket Trip - Mrs Luckie**

On Monday 15 May we took 8 budding cricketers to Colchester Cricket Ground to participate in the U13 Chance to Compete competition run by Essex Cricket. Our girls represented the school incredibly, working hard against some well drilled and talented girl cricketers. Some of these students have never participated in cricket outside of school before so we were incredibly impressed with their effort.

Well done girls, we hope you enjoyed your day!



#### **Coastal Athletics**

Recently students from Years 7-10 competed against students from other local schools in our annual Coastal Athletics competition held at the Garrison Athletics Club in Colchester. We had an amazing day with lots of great athletics on show from all involved!

As a school we competed really well, with the Year 7 and 8 Girls finishing second and the Colne Girls finishing second overall! The boys also did really well, with the Year 7 and 8 Boys finishing first, and the Year 9 and 10 boys finishing second, meaning the Colne Boys won overall. A second & first place finish respectively meant we finished first overall, making it back to back titles!

A special mention to the following for winning their event:

James, Year 7 Yana, Year 7 Leni, Year 8 Lexi, Year 8 Emily, Year 8 Alfie, Year 8 Ethan, Year 8 Nojus, Year 8 Finley, Year 8 Isaac, Year 8 Wanwisa, Year 9 Katie, Year 9 Esme, Year 9 Rhodri, Year 9 Jonathan, Year 9 Alex, Year 9 Polly, Year 10 Estelle, Year 10 Patrick, Year 10 Woody, Year 10 Year 8 Boys Relay Team Year 9 Boys Relay Team



**GCSE Art and Photography Summer Exhibition 2023 - Mrs Kelly and Miss Notman** It has been a pleasure to exhibit all of our wonderful Year 11 GCSE Art and Photography students work in the GCSE Summer Exhibition this year. All of the work looked fantastic on display and showed how dedicated our students have been throughout their GCSE. It was a lovely opportunity to showcase our students' work to their families, friends and staff. We wish all of our students success in the future and we congratulate them on their efforts throughout their GCSE.



### Year 9 and 10 Mock Examination Dates

For more information, please check the letter that was sent home regarding your child's mock examinations.

- **26 May -** Year 10 English Language Paper 1 Mock and Year 10 Maths Paper 1 Mock
- 15 June Year 10 English Language Paper 2 Mock and Year 10 Maths Paper 2 Mock
- 19 June Year 10 Maths Paper 3 Mock and Year 10 Biology Mock
- 20 June Year 10 Chemistry Mock and Year 10 Physics Mock
- 21 June Year 10 Option B Mock and Year 9 An Inspector Calls Mock
- 22 June Year 10 Option A Mock and Year 10 Option C Mock
- 23 June Year 9 GL Maths Assessment and Year 9 GL Science Assessment
- 27 June Year 10 French Writing Mock
- 3 July 14 July Year 10 French Speaking Mocks
- 18 July Year 10 Photography Mock

We have a number of vacancies currently advertised, click here to find out more!